

On The Bright Side

*Don't be taken in by the media,
it's not all doom and gloom!*

My dear friend, Joellen recently told me about this idea. Anonymously, and occasionally, leave a little uplifting card as you move about doing your usual activities. Leave one in a magazine at your hairdressers, in the dentist's surgery, on a seat in the train - you get the idea. I loved it and planned to do it immediately. That was a few weeks ago! What was stopping me? Well at first I thought I'd write one where I intended to leave it, but I never got around to it. Then I thought I'd prepare them in advance, but what to write? I didn't want to copy messages from books, I wanted them to be my personal contribution. Well, I've finally got around to it and I'm really enjoying thinking of what I want to write, that no-one will know it's me and that I truly hope it adds something uplifting to someone's day. I trust that what I write will hit the right note for the finder. That's enough for me. If you choose to participate in this gentle and positive gesture, it's worth being sensitive to the really desperate places some people could be in. While you might never know, you could have a pivotal and beneficial influence in someone's life. Each of us needs encouragement from time to time. Check this website for more :<http://hoperevo.com/> With kind regards *Linda Black*