

Dare to Dream

And then to act!

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Director: Linda Black
at Doncaster East
& Mulgrave, Victoria
Australia
Mob: 0413 313 440
ABN: 53 975 065 389

In the Jungle

Dr. Denis Waitley, one of the most sought after productivity consultants in the world, was recounting an experience he had as a tourist in Africa. He wanted to go into the jungle, and as he had no experience, he engaged a Masai tribesman, who went by the name of John, to act as a guide. Denis became more and more apprehensive the deeper they got into the jungle and he was acutely aware that by contrast John was cheerful, at ease and very confident. When he commented on it, John said, "Denis, you have no experience here, you don't know how to read the jungle, you don't know the behaviour of the animals or how to act and what to expect. I know the way of the jungle." They found themselves getting close to several lions and Denis became really uncomfortable, afraid they'd eat him! John laughed. "They've already eaten, Denis, they smelled you 30 minutes ago and they're not interested! **The jungle is neutral** and all you need is cash." Denis replied, "I have plenty of cash and that doesn't help

here!". John replied, "No, Denis - cash with a K. It stands for Knowledge, Attitude, Skills and Habits" It would have been foolhardy - and perhaps even arrogant - of Denis to go into unfamiliar territory without the appropriate KASH. However, if we remain ignorant and blinkered about our shortcomings and limitations we could be missing amazing opportunities that are all around us. I'm particularly struck by the doom-and-gloom approach of the mainstream media and much of the scientific community regarding the environment at present. And yet, if we are prepared to consider that our current KASH-flow is inappropriate to our situation, we might be more open to new Knowledge, Attitudes, Skills and Habits. For example, there's all this talk of drought and if we are to believe the Law of Attraction, that's exactly what we'll get more of!! Perhaps if we were to focus instead on more rain we'd get more! Where in your life might you be short-changing yourself in your KASH-flow?

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Cosmic Quips

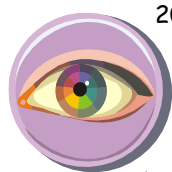
If the doors of perception were cleaned, everything would appear to man as it is, infinite.

For man has closed himself up, till he sees all things through narrow chinks of his cavern."

William Blake (1757-1827)

A Practical Experience of Filters

Some of you will have been aware that my eyesight has been slowly deteriorating as a result of an inherited condition known as *Fuchs Corneal Dystrophy*. I knew I'd have to have cornea transplants in time (I thought in about 10 years). However, about a year ago my eye specialist recommended I have the first one done as soon as possible! In December 2006, we scheduled the surgery for June



2007, but on January 9, I was offered a "beautiful cornea" for surgical replacement* in two days! Having previously done a lot of inner preparation, I found to my delight that I became increasingly excited during those two days, The surgery was a breeze and my recovery is going well. I now find myself in a most unusual situation - if I look out of my "new" eye I see a brighter, sharper, more vividly 3-dimensional world, while my other eye sees things as if through

a slightly brown mist! I can *actually* see what a difference a filter makes. We filter (culturally, educationally, spiritually and generationally) everything we perceive, all the time and usually aren't aware of our own distortions (just as I was unaware of what I was unable to see before - I thought I could see quite well enough, thank you!). Consider what a different view you might have of your life situations if you were to have "new eyes" through which to see the experiences and events that bother you - imagine looking through someone-else's eyes, as I am now privileged to do! (*Currently, the only solution to Fuchs Dystrophy is a cornea transplant by donation from someone who has died. Tissue matching isn't necessary and if you've ever considered becoming a donor but haven't yet done so, all I can tell you is that I am grateful beyond measure that the generosity of someone I don't know has allowed me to continue to be **able** to see - among other thingsyou!)



Selfish vs Selfing

In their book *Do It! A guide to living your dreams*, John-Roger and Peter McWilliams coin a word "Selfing" to mean being true to your self - the True Self. Personally, I have found at times, that the journey towards greater authenticity can be tricky. Balancing what is fair and just in a relationship against what is an authentic need or desire for myself or another can be rather difficult. What do you do for example if, for another to be "selfing", you lose something cherished? Are they being selfish? It seems to me that one way to find a balance in these situations is to have, as a primary value, the greater authenticity of everyone who touches you - and hopefully that value is shared between you! It doesn't mean that it'll be easy, or painless, and sometimes *your* view of what is "greater authenticity" for someone else may not be their view! Sometimes too, what seems like your own "truth" is, in fact a disguised form of fear or self-centredness. A thorny subject indeed! What to do then?

On this matter, I can only really speak for myself (and perhaps you might find it helpful). There are two perspectives to this - mine and theirs. For myself, I try to be as honest with myself as I can be, even if it means I have to accept something about myself I don't want to accept. For the other, I do my best to see their world (including me!) from their perspective (if you have an idea of their Enneagram* drive this is easier). Then (assuming we've both remained open and talking to one another throughout!) I review my own perspective, noticing whether my thoughts and feelings have altered yet still support me in upholding my own "selfing" truth. Am I as dispassionate as this in such situations? No, definitely not! And I *don't* always succeed! (I'm still a work in progress!) There's no "right" way to find a balance, just a way that **sincerely** seems right to you and .. ideally... works for **both** of you.

*(see www.enneagramcentral.com)

TIP

Sometimes you just simply have to do it your own way.
And then accept the consequences - with integrity and awareness

Upcoming Events:

"EFT and The Law of Attraction - Tools for Dream Builders". If you've already encountered *The Secret*, you'll know about the Law of Attraction and you've probably been working with it - at least intermittently - ever since. This workshop will provide you with a tool to identify and release any self-imposed obstacles which may be standing in the way of this working brilliantly for you too. Date Sat 2 & Sun 3 June 2007 at Monash Enterprise Centre, Mulgrave (see below for address) Prices: Early Bird by 11 May - \$295, after 11 May - \$350. As places are limited, please book early. Contact me for further information and payment options.



"Keeping Your Cool with EFT" This is a taste of the *Emotional Freedom Techniques* for anyone (especially if they are in their own small business) who is unfamiliar with this simple "emotional first-aid" tool. The session is sponsored by the City of Monash and at an unbeatable price of only **\$33**. If you know of anyone who might be interested, please let them know. Date Wed 9 May from 10am - 1.30pm at the Monash Enterprise Centre (see below for address). This will be widely advertised and places are limited so please book early by contacting me directly.

LOCATIONS

I'm available for private sessions at:
[Your Natural Health Centre](#)
[The Peaceful Alternative](#)
937 Doncaster Rd
Doncaster East 3109
Phone: 9841 5199

And

For private sessions and workshops at:
[Monash Enterprise Centre](#)
5a Hartnett Close
Mulgrave 3170
Contact Linda Black direct on:
0413.313.440
E-mail: linblack@dreamweaverlc.com.au

Never Give Up!

When my mother was a child she wanted to be a writer. Problem was, she left school at age 14 when the English schools closed down because of the war. Her desire was always there, in the background of her life. As an adult she finished her schooling and eventually got a degree in English (by that stage, in her 60's). She never had an *obvious* drive, but a quiet and persistent determination kept her going. At times, it was very hard for her, sometimes, even demoralising.

Later on, she had eyesight trouble during the time she was writing her autobiography. More delay! Now, at 81, her autobiography (Vol.1) is finally in print! Despite the obstacles and set backs, she just kept on keeping on and didn't give up! Quite an example!

Websites

www.dreamweaverlc.com.au

EFT: www.emofree.com

Melbourne health centre:
www.yournaturalhealthcentre.com.au